



Youth Engagement Activator (Simon Frear)

Oadby & Wigston

School & Community (Complete, Current Sessions, & Forward Planning)



Job Role

- To support our local children & young people overcome the effects of the pandemic in relation to their mental health
- To help children & young people to re-integrate and re-socialise back into school and the community
- Work with local schools and other providers to identify children who need support and intervention
- To listen to youth voice and respond to the need by tailoring our programmes in accordance.
- Provide health and wellbeing opportunities through both physical activity and holistic approaches
- Work with local key partners e.g. SSPAN's, Healthy School's Team, Public Health, Local Clubs, GP's, Community groups, Children's and Families Wellbeing Service & our own District Councils.

How are we going to achieve this?

- We will work to better the health (particularly the mental health) of our young people by creating sport, physical activity, and wellbeing programmes.
- We can provide intervention programmes to overcome barriers and find out what the young people want, we will achieve this by responding to Youth Voice through informal consultation work.
- Our aim is to create sustainable pathways with other organisations to promote continuous support.

Locality Updates (PRE/complete)

Wigston Academy



- Health Fayre (supporting role)
- Year 8 open-sessions
- Year 10 Basketball sessions
- Recreational sport sessions (Yr 9)
- After school female Yoga
- Arts & Crafts (Year 7)
- 'Open door consultations & support'

Gartree High School

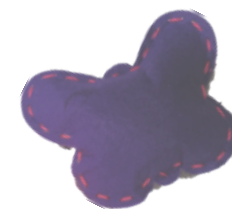


- Wellbeing Ambassador training (supporting role)
- Taekwondo/Martial Arts Confidence building sessions (group 2)
- Taekwondo/Martial Arts Confidence building sessions (group 1)

Beauchamp College



- Boxercise (Group 1)
- Boxercise (Group 2)
- After school female Yoga
- 'Open door consultation & support'



Locality Updates (Current)

Youth Wellbeing Sessions

Freer Centre (Wigston)



- 'Youth Setting & Open/Safe Space'
- Youth Lead Sessions
- To improve confidence, mental wellbeing, social inclusion, and friendship circles
- Networking & Supported by other public services, charities, work forces, etc.

Youth Wellbeing Sessions

Here to support young people's health and wellbeing.
To improve confidence, mental wellbeing, social inclusion, and friendship circles

Ages 11-19

These are **Youth Lead Sessions** and can include;

- Arts & Crafts
- Book Club
- Board Games
- Yoga Sessions
- Wellbeing Walks
- Community Signposting
- Physical Activities

To engage/enquire, EMAIL Simon.Frear@Oadby-Wigston.gov.uk OR CALL on 07392 282 598

Open from 3 – 6pm, Tuesdays
'FREER Centre'
242 Leicester Rd, Wigston
LE18 1HQ

Logos for Leicestershire Local Centre Council, ACTIVE Together, and the Freer Centre are visible at the bottom.

Target Audience:

Our focus remains on those youths aged **11-19** who have difficulties with their mental wellbeing, loneliness, disengaged from society, or those who're looking to greater their general wellbeing and confidence levels.

Next Move:

- We're looking for volunteers to support the growth of these session. Preferably First Aid Trained
- Further Networking & Signposting with other services



Locality Updates (Future)



Our Connections will remain with Beauchamp College, Gartree High School, and Wigston Academy.

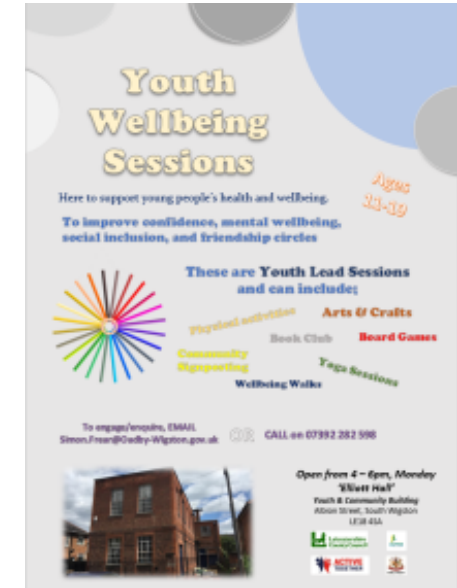
New activities and sessions will derive from youth engagement, Pastoral Care discussions, and Head of Year discussion.

A new connection with South Wigston High School will also be targeted

Youth Wellbeing Sessions

Elliot Hall (South Wigston)

- 'Youth Setting & Open/Safe Space'
- Youth Lead Sessions
- To improve confidence, mental wellbeing, social inclusion, and friendship circles
- Networking & Supported by other public services, charities, work forces, etc.



Next Move:

- To **confirm Elliot Hall** as a location & **confirm a start date** for opening
- We're looking for volunteers to support the growth of these session. Preferably First Aid Trained
- Further Networking & Signposting with other services

Monitoring, Evaluation, Data collection

Forms of YEA Data Collection:

- Images of student involvement & student creations
- Case Studies & Individual youth case studies
- Base & End session (8) Monitoring and Evaluation forms
- Session registers
- Staff feedback forms
- YEA reports



How can we contact our Activator?

If you would like to discuss further or would like to know more information regarding the Activator programme, please contact your local Youth Engagement Activator:

Name: Simon Frear

Locality: Oadby & Wigston

Email: Simon.Frear@oadby-wigston.gov.uk

Phone: 07392 282 598

Any Questions?

